

Boone Grove Middle School

Spring SEMESTER 2017-2018 CYCLE MENU

Student Meal Deal Lunch / Milk = \$2.35 Extra Milk= .50

Student Breakfast / Milk= \$1.20 Reduced Breakfast / Milk= \$0.00 Reduced Lunch / Milk = .50

FRESH FRUIT, FRESH VEGETABLES & MILK CHOICES SERVED DAILY

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|---|--|
| Orange Week Baked Chicken Nuggets Mashed Potatoes/ Gravy Dinner Roll Seasoned Green Beans Fresh Fruit Milk | Chicken Parm Sand. or Meatball Sub Sweet Potato Fries Broccoli with dip Cherry Tomatoes Assorted Fruit Milk | French Toast Sticks Sausage Patty or Sausage wrap Hash Brown Potato Fresh Carrots & Celery Assorted Fruit Juice Milk | American Burger Seasoned Green Beans Baked Beans Baked Fries Cucumbers / with dip Chilled Applesauce Milk | DOMINO'S PIZZA Fresh Garden Bar Cherry Tomatoes Assorted Fruit Milk |
| Green Week Mashed Potato Bowl (mashed potatoes/gravy popcorn chicken, corn) Dinner Roll Fresh Garden Bar Fresh Fruit Milk | Soft Shelled Tacos or Cheese Quesadilla (lettuce,salsa,cheese) Refried Beans Spanish Rice Seasoned Sweet Corn Chilled fruit Milk | Chicken Parmesan/sauce or Pasta w/Meat sauce Toasted Garlic Bread Fresh Garden Bar Fresh Carrots Chilled Peaches Milk | Hot Dog on Bun or Polish Sausage on Bun Tater Tots Baked Beans Cherry Tom / Celery Chilled Applesauce Milk | Birthday Club Snack Macaroni -n- Cheese or Pork Tenderloin Baked Fries Broccoli / with dip Assorted Fruit Milk |
| Blue Week Baked Chicken Patty or Spicy Chicken Patty W/G Bun Tater Tots Seasoned Sweet Corn Fresh Fruit Milk | BBQ Rib Sand. or Corn Dog Baked Beans Sweet Potato Fries Cucumbers / with dip Chilled Applesauce Milk | Ravioli W/G Roll or Pizza Crunchers California Blend Veggies Fresh Garden Bar Fresh Carrots Assorted Fruit Milk | Grilled Cheese and Tomato Soup or Fish Sandwich and Baked Onion Rings Fresh Garden Bar Chilled Applesauce Milk | Pizza Hut Pizza Broccoli / with dip Cherry Tomatoes Assorted Fruit Milk |
| Red Week Appetizer Basket or Managers Special Baked Fries Fresh Carrots Assorted Fruit Juice Milk | Nachos with cheese or Enchiladas Refried Beans Spanish Rice Seasoned Sweet Corn Mixed Fruit Cocktail Milk | Oriental Chicken with rice or Caesar Chicken Wrap Peas & Carrots Carrots & Celery Assorted Fruit Fortune Cookie Milk | Pepperoni Pizza or Sausage Pizza Potato Wedges Fresh Garden Bar Fresh Fruit Milk | Bosco Sticks/ Marina Steamed Broccoli Chilled Peaches Fresh Garden Bar Milk |

FOOD SERVICE OFFICE:

Jessica Holmquest,
Director
260 S. 500 W.
Valparaiso, IN 46385

LOFS 306-8600
Valpo 476-3455
Hebron 507-0510
Ext. 2141

BGE Café:
Mrs. Teresa Piccirilli
Manager

LOFS 306-8600
Valpo 476-3455
Hebron 507-0510
Ext. 3200



Good Habits Each Day

5 or more fruits or veggies

2 hours or less of TV

1 hour exercise

0 sugary drinks

EAT SMART, MOVE

| January | | | | | | |
|---------|----|----|----|----|-----|----|
| Su | M | Tu | W | Th | Fri | Sa |
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |

| February | | | | | | |
|----------|----|----|----|----|-----|----|
| Su | M | Tu | W | Th | Fri | Sa |
| | | | | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | | | |

Other lunch choices served daily
Turkev Wrap & Chef Salads

Breakfast Menu
(1) Entrée Choice, (1 c.) Fruit or Fruit Juice, (1) Low / Fat Free Milk

Monday- Mini Pancakes / Syrup
 Tuesday- Breakfast Pizza
 Wednesday-Pop Tart
 Thursday-W/G Bagel / Cream Cheese
 Friday- Sausage Pancake Dog / Syrup

| March | | | | | | |
|-------|----|----|----|----|-----|----|
| Su | M | Tu | W | Th | Fri | Sa |
| | | | | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |

| April | | | | | | |
|-------|----|----|----|----|-----|----|
| Su | M | Tu | W | Th | Fri | Sa |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | | | | | |

| May | | | | | | |
|-----|----|----|----|----|-----|----|
| Su | M | Tu | W | Th | Fri | Sa |
| | | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 | | |

The USDA is an equal opportunity provider and employer. All menus on line at www.ptsc.k12.in.us
 Menu is subject to change without notice due to price and availability of food. Holiday and Special events menus will be added respectfully.